

Unit 1

1. Length
2. a balanced diet
3. Exercising
4. enough
5. code
6. too much food
7. Smoking
8. alcohol
9. Stress
10. sleeping

Unit 2

1. interesting
2. scientists
3. paintings
4. minerals
5. exploring
6. tourist
7. tours
8. dangerous
9. warmly
10. equipment

Unit 3

1. need
2. hope
3. lives
4. survive
5. people
6. imaginary
7. inspire
8. believe
9. feel
10. better

Unit 4

1. Comfort foods
2. feel better
3. familiar
4. survive
5. safe
6. hurt
7. pride
8. outside
9. enjoyment

Unit 5

1. influences
2. colorful

3. beauty products
4. royalty
5. sense of security
6. brand loyalty
7. urgency
8. opposite
9. related to

Unit 6

1. Volunteers
2. with more schooling
3. doctors
4. more likely to volunteer
5. married with children
6. distributing clothing
7. giving medical help

Unit 7

- Born: average beginnings
- Teenager: quit school
started a magazine
- Adult: got involved in the record industry
- Now: worth about \$US 4.6 billion
one of the richest men in the UK

Unit 8

1. cages
2. climb
3. swim
4. Happy
5. Socialization
6. Lonely
7. Games / Mazes
8. Mazes / Games

Unit 9

1. police officers
2. trained for six hours
3. spotting liars
4. monitored blood pressure
5. look at the brain

Unit 10

1. The food supply
2. before they are ripe
3. treated
4. ingredients

5. grown or produced
6. stands or tents
7. multiple
8. outlets

Unit 11

1. Investing the effort
2. Fast pace
3. moderate intensity
4. Increases
5. more calories
6. Casual pace
7. workout
8. heart rate
9. burns

Unit 12

1. the right foods
2. chemical
3. brain signals
4. Spinach
5. magnesium
6. Fish and nuts
7. fat
8. working memory
9. memory
10. too much

Unit 13

1. Games consisted of words
2. Interactive games were created
3. The first games with graphics came out
4. People could play games in their homes
5. Hand-held games became popular
6. Games for mobile phones came out
7. Gaming without controllers

Unit 14

1. first Europeans
2. North America
3. Newfoundland
4. Columbus
5. 3 to 10 years
6. around 100
7. Norwegian
8. eight years
9. workshops
10. became